



Corey Turnbull, MSc, MA, RP (Qualifying)

Who will I be talking to?

Your therapist at Guys Resolve will be Corey Turnbull.

- Corey has a Master of Science degree in Psychology from the University of Liverpool, and a Master of Arts degree in Counselling Psychology from Yorkville University.
- Corey has also completed a post-graduate certificate in Intense Training in Sex Therapy with the University of Guelph.
- Corey is trained in Cognitive Behavioral Therapy, Psychodynamic Therapy, Gottman Method Couples Therapy, Clinical Hypnosis, and Brainspotting.

We're ready when you are.

Several doctors and clinics in the Greater Toronto Area refer their clients to us. We help guys overcome the challenges they are having with sexual performance.

Our services are online, confidential, and may be covered by your private health insurance plan.

Whether you reach out by phone or email, we usually respond the same day, and at most 2 days (including weekends).

You may have waited a while before reaching out, but once you do, we treat it as an urgent issue.

Contact Us

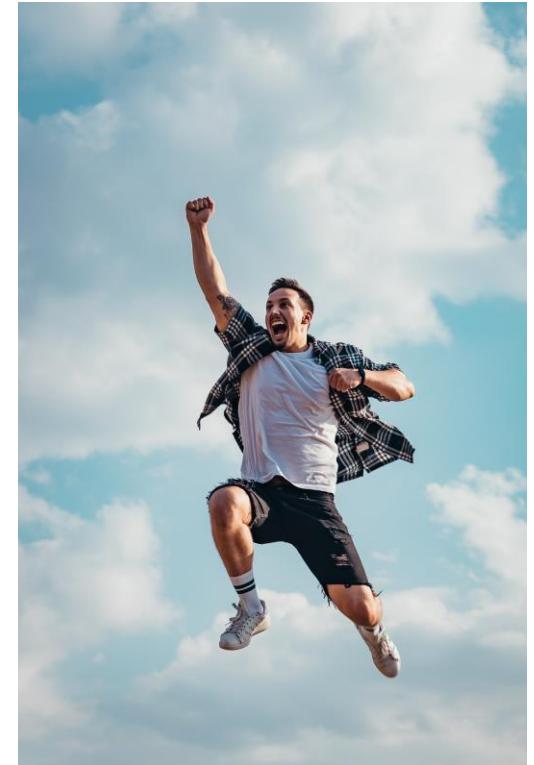
Phone: 647-348-2539

Email: info@guysresolve.com

Web: www.guysresolve.com



GUYS RESOLVE
2 Bloor St. East
Suite 3500, Toronto



GUYS RESOLVE

*Psychotherapy for men
Couples Counselling
Sex Therapy*

Where do we begin?

We don't call it erectile dysfunction ...

because it's not necessarily about something 'not working'. It may be that your body responds the way you'd like in some situations and not in others, or it may do so for a while but not for as long as you need it to.

Instead, we talk about sexual performance.

The thing is, your body may be responding normally – to thoughts, feelings, or past traumas. Our work will involve exploring these and helping you to reframe thinking, resolve issues, and overcome traumas, so that your body will respond in ways that you prefer.

How it works.

First, we'll talk about what's going on in your life right now. We'll get a sense of the psychological and contextual factors that might be getting in the way of you having a satisfying sex life.

Then we will screen for potentially related issues, create a plan, and schedule weekly sessions to help you make changes aimed at improving your sexual performance.

Combined approaches can help.

If your doctor prescribes you something to improve your sexual performance, we may be able to help as well. Changing how you think and feel about your prior experiences can help boost confidence and lead to better treatment outcomes.

Talk to your medical doctor about possible biological causes and to us about what's on your mind or past experiences that might be negatively impacting your sexual performance.

What does it cost?

Ongoing sessions are 50 minutes, held via online secure video calls on Zoom, and are \$160 + HST. Typically, these are weekly sessions, but they can be held every two weeks if you prefer.

The initial intake and assessment session is \$200 + HST and is also held via Zoom.

Rates are current for 2023 and subject to change. Currently serving Ontario residents only.



Up to 40% of ED cases may be psychogenic. Even young men in their 20s and 30s are commonly affected. Though guys don't often talk about it, it's not just you.

How long will it take?

It depends. The psychological causes vary between individuals, as do their personalities, life situations, and responses to treatment modalities. We can't give you an estimate of how long it will take for you to get the results you want, and we can't guarantee the results.

What we can say is that we have seen very good treatment outcomes with a wide variety of clients over widely varying timelines. You may also enjoy incremental improvements along the way. Sometimes we just have to take things one step at a time, so be patient with yourself and the process.

Also, ask questions about anything at any time during the sessions. We want you to feel comfortable and to be informed.